

Beyond the Basics: Management of Typical and Atypical BPPV

Date:
November 14, 2015

Location:
St Lawrence
Rehabilitation Center
2381 Lawrenceville Road
Lawrenceville, NJ 08648

Anne K Galgon, PT, PhD, NCS
Elizabeth Grace Georgelos, PT,
MS, NCS

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COURSE FACULTY

ANNE K GALGON, MPT, PhD, NCS has been a core faculty member in PT academia for 13 years. Her first faculty position was at Neumann University and currently is assistant professor in the physical therapy program at Temple University. Her primary teaching interests include: Neuroscience, Movement Science and clinical management of neuromuscular disorders. She received her Masters in PT from Hahnemann University in 1987 and Doctorate in Movement Sciences from Drexel University in 2009. She is a NCS since 1998 and advanced certification in Vestibular Disorders. Her clinical work over the past 27 years has included inpatient and outpatient treatment at Magee and Moss Rehabilitation Hospital and Hospital of University of Pennsylvania. She is currently chair of Vestibular SIG of Neurology section of APTA. She is participating in grant funded research on treatment approaches to manage lateral canal bppv. She has mentored student projects which have been nationally presented at CSM conference.

ELIZABETH GRACE GEORGELOS, MSPT, NCS is a Neurologic Team Leader at Good Shephard Penn Partners. She holds her certificate of competency in Vestibular Rehabilitation from APTA/Emory University and is an APTA Neurology Clinical Specialist. She is an adjunct instructor and guest lecturer at Arcadia, Neumann, and Susan Herdman's Competency based vestibular course.

[Registration Form: BPPV 11/14/15](#)

Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

E-mail _____

Medical Specialty: PT PTA OT

ATC Other (list): _____

Experience: 0-2 years 3-5 years

5-10 years 11-20 years > 20 years

Registration Fee: \$225

Two ways to Register:

Register online at:

www.eliterehabsolutions.com

Mail Registration:

Make check payable to:

Elite Rehabilitation Solutions

Mail this completed form and payment to:
ELITE REHABILITATION SOLUTIONS
2820 Audubon Village Drive
Suite 330

Audubon, PA 19403

Phone: 484-685-3123

Fax: 610-635-0487

E-mail: info@eliterehabsolutions.com

COURSE DESCRIPTION:

This 1 day course is designed to provide participants with the latest evidence and foundation to manage the challenging BPPV patient. The majority of patients with BPPV can be treated with simple canalith repositioning. However, unfamiliar and ambiguous findings often prevent optimal management of the more challenging cases.

The goal of this course is to take the clinician to the next level in managing individuals with BPPV. The clinicians will review screening and examination techniques for making differential diagnoses of individuals with positional vertigo. Develop the ability to perform interventions and modify techniques and approaches when confronted with atypical findings or results will be emphasized. The course will review the available evidence to support clinical decision-making within multiple case studies. This course is applicable for PT, PTA, OT, COTA, ATC. Instructional level is intermediate through advanced. This course is applicable for the therapist treating without a referral.

Participants are encouraged to bring their own case studies for discussion to enhance the learning process.

COURSE OBJECTIVES:

Upon completion of this course, participants will be able to:

- Identify the appropriate screening techniques and red flags that will assist them in making differential diagnosis for individuals with complaints of positional dizziness or findings of positional nystagmus.
- Classify BPPV based on testing positions and nystagmus patterns.
- Identify and apply appropriate testing and interventions for various types of BPPV.
- Modify approach to management when initial intervention was unsuccessful or atypical presentation.
- Discuss efficacy of various canalith repositioning or liberatory maneuvers.
- Use case studies to discuss plan of care, prognosis, goals, and interventions.

COURSE OUTLINE:

- 7:30am** Registration, Pre-Test, and Light Breakfast
- 8:00am** Introduction
BPPV Review
- 9:00am** Differential Diagnosis-
Recognize BPPV and other causes of positional vertigo
- 10:15am** Questions / Discussion
- 10:30am** Beyond the 'Epley' - Advances in Treatment Techniques
- 11:15 am** Treatment techniques—lab
- Exam Techniques
 - Eye Movements
 - Interventions—posterior, anterior, horizontal canalithiasis and cupulolithiasis
- 12:45 pm** *Lunch (on your own)*
- 1:30 pm** Evidence for BPPV Intervention
- 2:30 pm** Critical Thinking & Decision making with use of case studies
- 3:45 pm** Break
- 4:00 pm** Case Studies/ Participant Case Studies
- 4:45 pm** Summary/ Post Test and Review
- 5:00 pm** Adjourn

ACCREDITATION INFORMATION:

NJBPTE: Approved for 7.5 credit hours
PA: Approved for 7.5 credit hours (2.5GE/5DA) - resubmitted
Elite is a NY and NATABOC approved provider

Course Location:

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St Lawrence Rehab Center
2381 Lawrenceville Road
Lawrenceville, NJ 08648

Lodging (options only not Elite endorsed):

Howard Johnson/Princeton
2995 Brunswick Pike
Lawrenceville, NJ 08648 609 896 1100
~ 3 mile from clinic
Clarion Hotel Princeton
3499 Route 1 South
Princeton, NJ 08540; 609-452 2500
~ 9 miles to clinic
Marriott Courtyard Ewing
360 Scotch Rd
Ewing Township, NJ 08628; 609 771 8100
~ 5miles from clinic

Registration Information:

Registration for this course includes course handouts, light breakfast, Lunch is on your own.

Cancellation Policy:

Registration fees will be refunded less a \$50.00 handling fee with written cancellation up to 2 weeks prior to course. No refunds after 2 weeks prior to course date.